**Pre- Operative Instructions**

**DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT:** If you have had anything to eat or drink the morning of your surgery, your surgery may have to be cancelled.

**CLEANSING:** Shower and wash the surgical areas with antibacterial soap. Wash your face well and do not wear any kind of moisturizer, lotion, eye or facial make-up. Do not use moisturizer or body lotion 24 hours before surgery.

**ORAL HYGIENE:** Its fine to brush your teeth the morning of your procedure, but DO NOT swallow the water.

**PRESCRIPTIONS:** Please have prescriptions filled prior to your procedure and bring them with you on the day of surgery.

**ASPRIN/BLOOD THINNERS:** All blood thinners and aspirin should be stopped 7-10 days before and after surgery. A few examples are Plavix, Coumadin, Xarelto, Pradaxa, etc

**CLOTHING:** Wear comfortable clothing and socks. Please bring a sweater or jacket in case you are cold after surgery. Contact wearers should bring glasses.

**LEAVE ALL VALUABLES AT HOME:** this includes handbags, jewelry including watches, earrings, wristbands and necklaces

**ARRIVE ON TIME:** It is extremely important that you arrive to the surgery center ONE HOUR prior to your scheduled surgery time.

**TRANSPORTATION:** You must have a relative, friend or caretaker take you home after your procedure. A taxi or bus is not an appropriate form of transportation after surgery.