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**EYE LID SURGERY POST-OP INSTRUCTIONS**

* Please do not touch your eyes for at least the first 4 hours
* **DO NOT** wash off the ointment.
* Before bed the first night, put ointment in lower eyelid and on incisions.

Then once in the morning and once at bed time for 3 days.

* After 3 days use ointment only at night until tube is finished.
* You may shower the next morning after surgery. Allow soapy water to run over your incisions and around your eyes and pat dry. No immersion or swimming for 2 weeks.
* Sleep with head of bed slightly elevated on 2-3 pillows for the first 2-3 nights.
* An ice pack on the eyes is encouraged and very helpful for the next 48 hours after surgery. Frozen peas work great, 20 minutes on 1-2 hours off.
* After 48 hours post op, switch to heat. A clean wash towel with warm water (warm compress).
* No contact lenses for 5 days